**Appendix A**

**The mission of the Redington Volleyball Club (RVC)**

1. RVC will be a non-profit organization whose director and coaches work with a teaching spirit to organize, facilitate and coach girls’ volleyball in a competitive, productive and positive manner.
2. Our Club goals are to:
	1. Teach competitive volleyball offensive systems & defensive skills while grooming exemplary athletes known for their desire to win and dedication to their team.
	2. Be competitive within their age division.
	3. Be identified by exemplary sportsmanship.
	4. Reduce injuries and maintain the long-term well-being of players by providing on-going conditioning and health education
3. Player Expectations; Core Values:
	1. Integrity
		1. Players will operate by being honest and having strong moral principles; moral uprightness.
		2. Players are responsible for their actions and personal conduct on the volleyball court and off.
	2. Sportsmanship
		1. Players must abide by the rules of USA Volleyball and conduct themselves in a kind and respectful manner towards all others.
		2. Players are to represent RVC on and off the court with the utmost character.
		3. Players are to focus on encouragement of their fellow teammates.
	3. Respect
		1. Players are to show respect for playing partners, competitors, referees, spectators and themselves. This is exampled by being on time, owning the words they say, controlling the actions or reactions they display and representing our team with good sportsmanship.
	4. Positive Focus and Confidence
		1. Players are to demonstrate a positive focus on their own and others contributions, regardless of the outcome. Positive focus will always enhance the level of play that an individual and team achieve and the overall confidence of the individual and the team.
		2. Keeping attention to the team’s focus even when it’s not focusing on one’s individual benefit.
	5. Responsibility
		1. Players are responsible for their actions on and off the volleyball court.
		2. Players are responsible for these listed core values with their behavior and attitudes.
		3. Players will be responsible for informing a coach if they will be missing a practice or game.
		4. Players are responsible to participate in all team activities, including team conditioning, team health education, team fundraising activities and any teambuilding activities as scheduled
	6. Courtesy
		1. Players are to demonstrate courteous behavior toward playing partners, competitors, referees and spectators. A volleyball match should end with a handshake between fellow competitors.
		2. Courtesy is also defined as doing ones part in setting up and breaking down practice; putting up and breaking down poles and nets, shagging balls, etc.
	7. Academics
		1. Players are expected to be students first and athletes second.
		2. Players are to meet expected classroom requirements while playing on the RVC team.